

Norwalk

Channel Guide Lineup

Effective Date January 1, 2026

optimum.

Networks	
A&E HD	46
ABC (WABC) HD	7
ACC Network ^{3,4,7} HD	248
Adult Programming ^{1,8}	520-533
Alpha ^{6,7}	1123
Amazon Prime Video ^{8,10}	901
AMC HD	43
American Heroes Channel	173
Animal Planet ² HD	57
Anime Network On Demand ^{1,8}	507
Antena 3 ^{6,7}	1044
Antenna Satellite ^{1,6,7}	1122
Antenna TV	114
ART ^{1,7}	1135
Atres Series ^{6,7}	1092
AXS HD	188
BBC America HD	101
BBC News ⁷	104
beIN Sports ³ HD	231
beIN Sports en Español ^{3,6,7} HD	230/1070
BET HD	54
BET Her ⁷	185
Bloomberg TV ² HD	105
Boomerang ²	129
Bravo HD	44
BTN ^{5,4} HD	247
BUZZR	95
C-SPAN ⁷	65
C-SPAN 2 ⁷	66
C-SPAN 3 ⁷	107
Caller ID ⁹	630
Canal America ^{6,7}	1014
Canal Sur ^{6,7}	1042
Caracol TV Internacional ^{6,7}	1034
CaribVision ^{1,6,7}	1104
Cartoon Network ² HD	32/128
Cartoon Network (SAP) ^{9,7}	1082
Catholic Faith Network ^{2,7}	137
CBS (WCBS) HD	2
CBS (WFSB) HD	3
CBS Sports Network ^{3,4} HD	215
CCTV-4 ^{1,6,7}	1150
centroaméricatv ^{6,7}	1030
Charge!	108
Cheddar News (HD Only) HD	1
Cine Latino ^{6,7}	1058
Cine Mexicano ^{6,7}	1057
Cinemax ^{1,7} HD	371
Cinemáx ^{1,7} HD	375
Cinemax Action ^{1,7} HD	379
Cinemax Classics ^{1,7} HD	376
Cinemax Hits ^{1,7} HD	372
Cinemax On Demand ^{1,8}	370
Cinemax West ^{1,7} HD	378
Classic Arts Showcase ⁷	165
Cleo TV	176
CMT HD	187
CNBC	69
CNN ² HD	70
CNN en Español ^{6,7}	1012
CNN Headline News ²	63
Comedy Central HD	50
Comet	148
Cooking Channel HD	166
COZI TV HD	118
Crime & Investigation Network (HD only) HD	152
CT-N ⁷ HD	59
CTS America ^{1,6,7}	1156
Cuba Play ^{6,7}	1028
CW (WPIX) HD	11
DABL	145
Daystar ^{2,7}	136
Destination America HD	172
Discovery Channel ² HD	27
Discovery en Español ^{6,7}	1013
Discovery Familia ^{6,7}	1018
Discovery Family Channel ^{2,7}	120
Discovery Life ⁷	141
Discovery Turbo HD	150
Disney Channel HD	31/125
Disney Junior HD	126
Disney XD HD	127
Disney XD (SAP) ^{6,7}	1084
Dominican View ^{6,7}	1025
DVR Playback ⁹	1000
E! HD	51
Ecuavisa Internacional ^{6,7}	1031
Educational Access	78
El Gourmet ^{6,7}	1093
En Español On Demand ^{6,8}	1099
Eros Now On Demand ^{1,6,8}	1165
ESPN HD	36/210
ESPN Deportes ^{6,7}	227/1066
ESPN2 HD	35/211
ESPNEWS HD	216
ESPNU ^{3,4} HD	217
Estrella TV ⁷	1010
ET Global NY ^{1,6,7}	1149
EuroNews ^{2,7}	103
EWTN ^{2,7}	135
EWTN Español ^{6,7}	1097
FanDuel TV ^{3,7}	245
FETV	175
Fight Network ^{3,7}	244
Flix ⁷	397
Food Network ² HD	29
FOROtv ^{6,7}	1022
FOX (WNYW) HD	5
FOX Business Network HD	106/772
FOX Deportes ^{6,7}	228/1067
FOX News Channel HD	67
FOX Soccer Plus ^{1,7} HD	232
FOX Sports 1 HD	85/213
FOX Sports 2 ^{3,7}	214
Fox Weather ⁷	193
Free On Demand ⁸	502
Freeform HD	49
fuse ² HD	56
FX HD	40
FX Movie Channel ⁷	190
FXX HD	159
FYI HD	160
Galavisión HD	198/1006
Game ^{4,3,7}	238
Gem Shopping Network ¹ HD	155
GET	143
GMA Pinoy TV ^{1,6,7}	1162
Government Access	79
Great American Faith and Living ⁷	156
Great American Family HD	184
GSN	75
Hallmark HD	92
Hallmark Family ⁷	189
Hallmark Mystery HD	93
HBO ¹ HD	301
HBO Comedy ¹ HD	303
HBO Drama ¹ HD	310
HBO Drama West ¹ HD	308
HBO Hits ¹ HD	302
HBO Hits West ¹ HD	307
HBO Latino ¹ HD	305
HBO Movies ¹ HD	304
HBO On Demand ^{1,8}	300
HBO West ¹ HD	306
HDNet Movies	191
here! On Demand ^{1,8}	509
HGTV ² HD	30
History ² HD	47
History en Español ^{6,7}	1017
HITN ^{6,7}	1011
HOLA TV ^{6,7}	1081
HSN HD	25/147
HSN2 ⁷	94
i24NEWS HD	14
i24NEWS (in French) ^{1,6,7}	1108
IFC HD	83
INTI Network ^{6,7}	1094
Investigation Discovery HD	171
ION (WPXN) HD	23
ITV Gold ^{1,6,7}	1168
iTVN ^{1,6,7}	1115
Jewelry Television ⁷	182
Jewish Broadcasting Service ^{2,7}	138
Jus Punjabi ^{1,7}	1164
Justice Central	168
KBS World ^{1,6,7}	1155
Kids Street SAP ^{6,7}	1049
Lifetime HD	45
LMN ¹	174
Local Programming/Leased Access/Religious Programming	960
Localish (HD Only) HD	110
LOGO TV	179
Magnolia Network HD	167
MBC ^{1,6,7}	1153
Mediaset Italia ^{1,6,7}	1195
MeTV (WJLP) HD	33
MOVIES!	113
MS Now ² HD	68
MSG HD	71/203
MSG Sportsnet HD	72/204
MTV HD	53
MTV Classic ⁷	186
MTV Live (HD only) HD	153
MTV Tr3s ^{6,7}	195/1073
MTV2 HD	55
Multi-Room DVR Playback ²	1001
My9 (WWOR) HD	9
MyTV9 (WCTX) HD	24
Nat Geo Mundo ^{6,7}	1016
Nat Geo Wild HD	158
National Geographic ² HD	162
NBC (WNBC) HD	4
NBC (WWIT) HD	6
NBC Universo ^{6,7} HD	197/1074
Netflix ^{8,10}	600
News 12 Connecticut HD	12
News 12 Interactive ^{8,10}	612
News 12+ HD	61
Newsmax HD	102
NewsNation HD	82
NFL Network ³ HD	219
NFL RedZone ³ HD	220
NHL Network ³ HD	223/268
Nick Jr. HD	123
Nickelodeon HD	121
Nicktoons TV ⁷	122
Noire Africa ^{1,6,7}	1100
NTD TV ^{1,7}	1151
NTN24 ^{6,7}	1021
Nuestra Tele ^{6,7}	1033
NYC Life HD	22
On Demand ^{1,8}	500
OWN ² HD	180
Oxygen True Crime HD	89
Paramount Network HD	41
Paramount+ with Showtime ¹ HD	321
Paramount+ with Showtime West ¹ HD	327
Pasiones ^{6,7}	1090
PBS (CPTV) HD	10
PBS (WLIW) HD	21
PBS All Arts (WLIW) (HD only) HD	144
PBS Create (WLIW)	133
PBS Kids Thirteen	131
PBS World (WLIW)	132
PBS/Thirteen (WNET) HD	13
Phoenix InfoNews ^{1,6,7}	1147
Phoenix North America	
Chinese Channel ^{1,6,7}	1146
Pop HD	154
Public Access	88
QVC HD	80
QVC2 ² HD	183
Racer ^{3,7}	243
RAI Italia ^{1,6,7}	1194
RCN Novelas ^{6,7}	1085
Recipe.TV	169
ReelzChannel ² HD	177
Rewind TV	151
RTN ^{1,6,7}	1183
RTPi ^{1,6,7}	1127
RTVi ^{1,6,7}	1182
Science Channel HD	170
SEC ^{4,7} HD	246
SET ^{1,6,7}	1173
Shanson TV ^{1,6,7}	1188
Shop LC	149
Showtime 2 ¹ HD	322
Showtime 2 West ¹ HD	328
Showtime Extreme ¹ HD	328
Showtime Family Zone ^{1,7}	325
Showtime Next ^{1,7}	324
Showtime On Demand ^{1,8}	320
Showtime Showcase ¹ HD	330
Showtime Showcase West ¹ HD	329
Showtime Women ^{1,7}	326
SHOXBET ^{1,7}	323
Smithsonian Channel HD	163
Sports Overflow 1 HD	74/205
Sports Overflow 2 HD	206
Sportsman Channel ^{3,7}	242
SportsNet New York HD	60/202
SPT ^{1,6,7}	1128
Start TV	112
Starz ¹ HD	341
Starz Cinema ^{1,7}	347
Starz Comedy ^{1,7} HD	346
Starz Edge ¹ HD	343
Starz Encore ¹ HD	351
Starz Encore Action ^{1,7}	358
Starz Encore Black ^{1,7}	355
Starz Encore Classic ^{1,7}	354
Starz Encore Espanol ^{1,6,7}	359/1056
Starz Encore Family ^{1,7}	356
Starz Encore On Demand ^{1,8}	350
Starz Encore Suspense ^{1,7}	352
Starz Encore West ^{1,7}	357
Starz Encore Westerns ^{1,7}	353
Starz in Black ^{1,7}	344
Starz Kids & Family ¹ HD	342
Starz On Demand ^{1,8}	340
Starz West ¹ HD	345
Stingray Music ⁷	850-899
SundanceTV HD	192
Supercanal Caribe ^{6,7}	1023
SUR Perú ^{6,7}	1039
Syfy HD	48
Tarima ^{6,7}	1019
TBS HD	39
Teen Nick ⁷	124
Teleformula ^{6,7}	1041
Telemicro Internacional ^{6,7}	1024
Telemundo (WNJU) HD	16/1007
Televisión Dominicana ^{6,7}	1029
TeleXitos ⁷	1048
Tempo ^{1,6,7}	1105
Tennis Channel (HD only) ³ HD	226
The Cowboy Channel ⁷	157
The Filipino Channel ^{1,6,7}	1161
The Golf Channel ³ HD	224
The Griot	164
The Israeli Network ^{1,7}	1118
The Korean Channel-TKC ^{1,6,7}	1154
The Wax (WFSB-DT WWAX) HD	8
The Weather Channel HD	62
TLC HD	28
TMC ¹ HD	391
TMC On Demand ^{1,8}	390
TMC West ^{1,7} HD	392
TMC Xtra ^{1,7} HD	393
TMC Xtra West ^{1,7} HD	394
TNT ² HD	37
Travel Channel HD	96
Trinity Broadcasting Network	134
True CRMZ	146
truTV HD	58
TUDN ^{6,7} HD	229/1065
Turner Classic Movies ² HD	76
TV Asia ^{1,6,7}	1167
TV Chile ^{6,7}	1032
TV Globo ^{1,6,7}	1129
TV Land HD	34
TV One ^{2,7}	178
TV Quisqueya ^{6,7}	1027
TV Record ^{1,6,7}	1130
TV5MONDE ^{1,6,7}	1109
TVE Internacional ^{6,7}	1043
TVN24 ^{1,6,7}	1117
UniMÁS HD	17/1005
Univisión (WXTV) HD	18/1004
Univisión tlnovelas ^{6,7}	1091
USA Network HD	38
Ve Plus ^{6,7}	1020
VH1 HD	52
Vice TV HD	161
Videorola ^{6,7}	1086
ViendoMovies ^{6,7}	1059
WAPA America ^{6,7}	1026
WE tv ² HD	42
Willow ^{3,6,7}	239/1171
WLNY HD	15
WMBC HD	20
World Fishing Network ^{3,7}	241
WRNN HD	19
WZME MeTV+	84
WZME StoryTV HD	77
YES Network HD	73/201
You Tube ^{8,10}	603
Zee TV ^{1,6,7}	1169

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