

# Lynbrook

Channel Guide Lineup

Effective February 1, 2024



## Networks

Networks	Ch.	Packages
Cheddar News (HD Only) <b>HD</b>	1	● ● ● ● ●
CBS (WCBS) <b>HD</b>	2	● ● ● ● ●
ION (WPXN) <b>HD</b>	3	● ● ● ● ●
NBC (WNBC) <b>HD</b>	4	● ● ● ● ●
FOX (WNYW) <b>HD</b>	5	● ● ● ● ●
Univisión (WXTV) <b>HD</b>	6/1004	● ● ● ● ●
ABC (WABC) <b>HD</b>	7	● ● ● ● ●
PBS (NJTV) <b>HD</b>	8	● ● ● ● ●
My9 (WWOR) <b>HD</b>	9	● ● ● ● ●
WLNY <b>HD</b>	10	● ● ● ● ●
CW (WPXI) <b>HD</b>	11	● ● ● ● ●
News 12 Long Island <b>HD</b>	12	● ● ● ● ●
PBS/Thirteen (WNET) <b>HD</b>	13	● ● ● ● ●
i24NEWS <b>HD</b>	14	● ● ● ● ●
QVC <b>HD</b>	15	● ● ● ● ●
Telemundo (WNJU) <b>HD</b>	16/1007	● ● ● ● ●
UniMÁS <b>HD</b>	17/1005	● ● ● ● ●
Local Programming	18	● ● ● ● ●
Lynbrook High School Channel	19	● ● ● ● ●
Lynbrook Village Access	20	● ● ● ● ●
PBS (WLIW) <b>HD</b>	21	● ● ● ● ●
NYC Life <b>HD</b>	22	● ● ● ● ●
MSNBC <sup>2</sup> <b>HD</b>	23	● ● ● ● ●
CNBC <b>HD</b>	24	● ● ● ● ●
CNN <sup>2</sup> <b>HD</b>	25	● ● ● ● ●
FOX News Channel <b>HD</b>	26	● ● ● ● ●
Discovery Channel <sup>2</sup> <b>HD</b>	27	● ● ● ● ●
TLC <b>HD</b>	28	● ● ● ● ●
Catholic Faith Network <sup>2,7</sup>	29	● ● ● ● ●
HGTV <sup>2</sup> <b>HD</b>	30	● ● ● ● ●
MeTV (WJLP) <b>HD</b>	33	● ● ● ● ●
TV Land <b>HD</b>	34	● ● ● ● ●
TNT <sup>2</sup> <b>HD</b>	37	● ● ● ● ●
USA Network <b>HD</b>	38	● ● ● ● ●
TBS <b>HD</b>	39	● ● ● ● ●
FX <b>HD</b>	40	● ● ● ● ●
Paramount Network <b>HD</b>	41	● ● ● ● ●
WE tv <sup>2</sup> <b>HD</b>	42	● ● ● ● ●
AMC <b>HD</b>	43	● ● ● ● ●
Bravo <b>HD</b>	44	● ● ● ● ●
Lifetime <b>HD</b>	45	● ● ● ● ●
A&E <b>HD</b>	46	● ● ● ● ●
History <sup>2</sup> <b>HD</b>	47	● ● ● ● ●
WRNN <b>HD</b>	48	● ● ● ● ●
Freeform <b>HD</b>	49	● ● ● ● ●
Comedy Central <b>HD</b>	50	● ● ● ● ●
E! <b>HD</b>	51	● ● ● ● ●
VH1 <b>HD</b>	52	● ● ● ● ●
MTV <b>HD</b>	53	● ● ● ● ●
BET <b>HD</b>	54	● ● ● ● ●
MTV2 <b>HD</b>	55	● ● ● ● ●
fuse <sup>2</sup>	56	● ● ● ● ●
Animal Planet <sup>2</sup> <b>HD</b>	57	● ● ● ● ●
truTV <b>HD</b>	58	● ● ● ● ●
CNN Headline News <sup>2</sup>	59	● ● ● ● ●
News 12+ <b>HD</b>	61	● ● ● ● ●
The Weather Channel <b>HD</b>	62	● ● ● ● ●
WMBC <b>HD</b>	63	● ● ● ● ●
New York 1 News (HD only) <b>HD</b>	64	● ● ● ● ●
Food Network <sup>2</sup> <b>HD</b>	66	● ● ● ● ●
Syfy <b>HD</b>	67	● ● ● ● ●
OTB	74	● ● ● ● ●
ShopHQ <sup>7</sup> <b>HD</b>	76	● ● ● ● ●

C-SPAN <sup>7</sup>	77	● ● ● ● ●
HSN <b>HD</b>	78/147	● ● ● ● ●
C-SPAN 2 <sup>7</sup>	79	● ● ● ● ●
Oxygen True Crime <b>HD</b>	81	● ● ● ● ●
NewsNation <b>HD</b>	82	● ● ● ● ●
IFC <b>HD</b>	83	● ● ● ● ●
WZME MeTV+	84	● ● ● ● ●
WZME StoryTV	85	● ● ● ● ●
GSN	88	● ● ● ● ●
Hallmark <b>HD</b>	92	● ● ● ● ●
Hallmark Movies & Mysteries <b>HD</b>	93	● ● ● ● ●
HSN2 <sup>7</sup>	94	● ● ● ● ●
BUZZR	95	● ● ● ● ●
Travel Channel <b>HD</b>	96	● ● ● ● ●
Turner Classic Movies <sup>2</sup> <b>HD</b>	97	● ● ● ● ●
Optimum Channel Guide	99	● ● ● ● ●
BBC America <b>HD</b>	101	● ● ● ● ●
Newsmax <b>HD</b>	102	● ● ● ● ●
EuroNews <sup>2,7</sup>	103	● ● ● ● ●
BBC News <sup>7</sup>	104	● ● ● ● ●
Bloomberg TV <sup>2</sup> <b>HD</b>	105	● ● ● ● ●
FOX Business Network <b>HD</b>	106	● ● ● ● ●
C-SPAN 3 <sup>2</sup>	107	● ● ● ● ●
This TV	108	● ● ● ● ●
COZI TV <b>HD</b>	109	● ● ● ● ●
Localish (HD Only) <b>HD</b>	110	● ● ● ● ●
Start TV	112	● ● ● ● ●
MOVIES!	113	● ● ● ● ●
Antenna TV	114	● ● ● ● ●
Public Access	115	● ● ● ● ●
NYS Legislative TV <sup>7</sup>	116	● ● ● ● ●
Local Programming	118	● ● ● ● ●

## KIDS

Discovery Family Channel <sup>2,7</sup>	120	● ● ● ● ●
Nickelodeon <b>HD</b>	121	● ● ● ● ●
Nicktoons TV <sup>7</sup>	122	● ● ● ● ●
Nick Jr. <b>HD</b>	123	● ● ● ● ●
Teen Nick <sup>7</sup>	124	● ● ● ● ●
Disney Channel <b>HD</b>	31/125	● ● ● ● ●
Disney Junior <b>HD</b>	126	● ● ● ● ●
Disney XD <b>HD</b>	127	● ● ● ● ●
Cartoon Network <sup>2</sup> <b>HD</b>	32/128	● ● ● ● ●
Boomerang <sup>2</sup>	129	● ● ● ● ●
Universal Kids <sup>7</sup>	130	● ● ● ● ●
PBS Kids Thirteen	131	● ● ● ● ●

## Networks

Networks	Ch.	Packages
PBS World (WLIW)	132	● ● ● ● ●
PBS Create (WLIW)	133	● ● ● ● ●
Trinity Broadcasting Network	134	● ● ● ● ●
EWTVN <sup>2,7</sup>	135	● ● ● ● ●
Daystar <sup>2,7</sup>	136	● ● ● ● ●
Jewish Broadcasting Service <sup>2,7</sup>	138	● ● ● ● ●
Heroes & Icons	140	● ● ● ● ●
Discovery Life <sup>7</sup>	141	● ● ● ● ●
NHK World (HD only) <b>HD</b>	142	● ● ● ● ●
GET	143	● ● ● ● ●
PBS All Arts (WLIW) (HD only) <b>HD</b>	144	● ● ● ● ●
DABL	145	● ● ● ● ●
LocalX	146	● ● ● ● ●
CHARGE!	148	● ● ● ● ●
Shop LC	149	● ● ● ● ●
MotorTrend (HD only) <b>HD</b>	150	● ● ● ● ●
Rewind TV	151	● ● ● ● ●

Crime & Investigation Network (HD only) <b>HD</b>	152	● ● ● ● ●
MTV Live (HD only) <b>HD</b>	153	● ● ● ● ●
Pop <b>HD</b>	154	● ● ● ● ●
Gem Shopping Network <sup>7</sup> <b>HD</b>	155	● ● ● ● ●
Great American Faith and Living <sup>7</sup>	156	● ● ● ● ●
Cowboy Channel <sup>7</sup>	157	● ● ● ● ●
Nat Geo Wild <b>HD</b>	158	● ● ● ● ●
FXX <b>HD</b>	159	● ● ● ● ●
FYI <b>HD</b>	160	● ● ● ● ●
Vice TV <b>HD</b>	161	● ● ● ● ●
National Geographic <sup>2</sup> <b>HD</b>	162	● ● ● ● ●
Smithsonian Channel <b>HD</b>	163	● ● ● ● ●
Classic Arts Showcase <sup>7</sup>	165	● ● ● ● ●
Cooking Channel <b>HD</b>	166	● ● ● ● ●
Magnolia Network <b>HD</b>	167	● ● ● ● ●
Justice Central	168	● ● ● ● ●
Recipe.TV	169	● ● ● ● ●
Science Channel <b>HD</b>	170	● ● ● ● ●
Investigation Discovery <b>HD</b>	171	● ● ● ● ●
Destination America <b>HD</b>	172	● ● ● ● ●
American Heroes Channel	173	● ● ● ● ●
LMN <sup>1</sup>	174	● ● ● ● ●
FETV	175	● ● ● ● ●
Cleo TV	176	● ● ● ● ●
ReelzChannel <sup>2</sup> <b>HD</b>	177	● ● ● ● ●
TV One <sup>2,7</sup>	178	● ● ● ● ●
LOGO TV	179	● ● ● ● ●
OWN <sup>2</sup> <b>HD</b>	180	● ● ● ● ●
Jewelry Television <sup>7</sup>	182	● ● ● ● ●
QVC2 <sup>7</sup>	183	● ● ● ● ●
Great American Family <b>HD</b>	184	● ● ● ● ●
BET Her <sup>7</sup>	185	● ● ● ● ●
MTV Classic <sup>7</sup>	186	● ● ● ● ●
CMT <b>HD</b>	187	● ● ● ● ●
Hallmark Drama <sup>7</sup>	189	● ● ● ● ●
FX Movie Channel <sup>7</sup>	190	● ● ● ● ●
SundanceTV <b>HD</b>	192	● ● ● ● ●
Fox Weather <sup>7</sup>	193	● ● ● ● ●
MTV Tr3s <sup>4,7</sup>	195/1073	● ● ● ● ●
NBC Universo <sup>6,7</sup> <b>HD</b>	197/1074	● ● ● ● ●
Galavisión <b>HD</b>	198/1006	● ● ● ● ●

## SPORTS

YES Network <b>HD</b>	70/201	● ● ● ● ●
SportsNet New York <b>HD</b>	60/202	● ● ● ● ●
MSG <b>HD</b>	71/203	● ● ● ● ●
MSG Sportsnet <b>HD</b>	72/204	● ● ● ● ●
Sports Overflow 1 <b>HD</b>	73/205	● ● ● ● ●
Sports Overflow 2 <b>HD</b>	206	● ● ● ● ●
ESPN <b>HD</b>	36/210	● ● ● ● ●
ESPN2 <b>HD</b>	35/211	● ● ● ● ●
FOX Sports 1 <b>HD</b>	69/213	● ● ● ● ●
FOX Sports 2 <sup>3,7</sup>	214	● ● ● ● ●
CBS Sports Network <sup>3,4</sup> <b>HD</b>	215	● ● ● ● ●
ESPNEWS <b>HD</b>	216	● ● ● ● ●
ESPNU <sup>3,4</sup> <b>HD</b>	217	● ● ● ● ●
NFL Network <sup>3</sup> <b>HD</b>	219	● ● ● ● ●
NFL RedZone <sup>3</sup> <b>HD</b>	220	● ● ● ● ●
NBA TV <sup>3</sup> <b>HD</b>	221/269	● ● ● ● ●
MLB Network <sup>3</sup> <b>HD</b>	222	● ● ● ● ●
NHL Network <sup>3</sup> <b>HD</b>	223/268	● ● ● ● ●
The Golf Channel <sup>3</sup> <b>HD</b>	224	● ● ● ● ●
Tennis Channel (HD only) <sup>3</sup> <b>HD</b>	226	● ● ● ● ●
ESPN Deportes <sup>3,7</sup>	227/1066	● ● ● ● ●
FOX Deportes <sup>6,7</sup>	228/1067	● ● ● ● ●
TUDN <sup>6,7</sup> <b>HD</b>	229/1065	● ● ● ● ●
beIN Sports en Español <sup>3,6,7</sup> <b>HD</b>	230/1070	● ● ● ● ●
beIN Sports <sup>3</sup> <b>HD</b>	231	● ● ● ● ●
FOX Soccer Plus <sup>1,7</sup> <b>HD</b>	232	● ● ● ● ●
GOL TV <sup>3,7</sup>	233	● ● ● ● ●
Game+ <sup>3,7</sup>	238	● ● ● ● ●
Willow <sup>3,6,7</sup>	239/1171	● ● ● ● ●

World Fishing Network <sup>3,7</sup>	241	● ● ● ● ●
Sportsman Channel <sup>3,7</sup>	242	● ● ● ● ●
MavTV Motorsport Network <sup>3,7</sup>	243	● ● ● ● ●
Fight Network <sup>3,7</sup>	244	● ● ● ● ●
TVG Network <sup>3,7</sup>	245	● ● ● ● ●
SEC <sup>4,7</sup> <b>HD</b>	246	● ● ● ● ●
BTN <sup>3,4</sup> <b>HD</b>	247	● ● ● ● ●
ACC Network <sup>3,4,7</sup> <b>HD</b>	248	● ● ● ● ●
MLB Extra Innings/ NHL Center Ice (HD Only) <sup>5,7</sup> <b>HD</b>	254-267	● ● ● ● ●
NBA League Pass (HD Only) <sup>5,7</sup> <b>HD</b>	270-279	● ● ● ● ●

## PREMIUMS

HBO On Demand <sup>1,8</sup>	300	● ● ● ● ●
HBO <sup>1</sup> <b>HD</b>	301	● ● ● ● ●
HBO2 <sup>1</sup> <b>HD</b>	302	● ● ● ● ●
HBO Comedy <sup>1</sup> <b>HD</b>	303	● ● ● ● ●
HBO Zone <sup>1</sup> <b>HD</b>	304	● ● ● ● ●
HBO Latino <sup>1</sup> <b>HD</b>	305	● ● ● ● ●
HBO West <sup>1</sup> <b>HD</b>	306	● ● ● ● ●
HBO2 West <sup>1</sup> <b>HD</b>	307	● ● ● ● ●
HBO Signature West <sup>1</sup> <b>HD</b>	308	● ● ● ● ●
HBO Family West <sup>1</sup> <b>HD</b>	309	● ● ● ● ●
HBO Signature <sup>1</sup> <b>HD</b>	310	● ● ● ● ●
HBO Family <sup>1</sup> <b>HD</b>	311	● ● ● ● ●
Showtime On Demand <sup>1,8</sup>	320	● ● ● ● ●
Paramount+ with Showtime <sup>1</sup> <b>HD</b>	321	● ● ● ● ●
Showtime 2 <sup>1</sup> <b>HD</b>	322	● ● ● ● ●
SHOxBET <sup>1,7</sup>	323	● ● ● ● ●
Showtime Next <sup>1,7</sup>	324	● ● ● ● ●
Showtime Family Zone <sup>1,7</sup>	325	● ● ● ● ●
Showtime Women <sup>1,7</sup>	326	● ● ● ● ●
Paramount+ with Showtime West <sup>1</sup> <b>HD</b>	327	● ● ● ● ●
Showtime 2 West <sup>1</sup> <b>HD</b>	328	● ● ● ● ●
Showtime Showcase West <sup>1</sup> <b>HD</b>	329	● ● ● ● ●
Showtime Showcase <sup>1</sup> <b>HD</b>	330	● ● ● ● ●
Showtime Extreme <sup>1</sup> <b>HD</b>	331	● ● ● ● ●
Starz On Demand <sup>1,8</sup>	340	● ● ● ● ●
Starz <sup>1</sup> <b>HD</b>	341	● ● ● ● ●
Starz Kids & Family <sup>1</sup> <b>HD</b>	342	● ● ● ● ●
Starz Edge <sup>1</sup> <b>HD</b>	343	● ● ● ● ●
Starz in Black <sup>1,7</sup>	344	● ● ● ● ●
Starz West <sup>1</sup> <b>HD</b>	345	● ● ● ● ●
Starz Comedy <sup>1,7</sup> <b>HD</b>	346	● ● ● ● ●
Starz Cinema <sup>1,7</sup>	347	● ● ● ● ●
Starz Encore On Demand <sup>1,8</sup>	350	● ● ● ● ●
Starz Encore <sup>1</sup> <b>HD</b>	351	● ● ● ● ●
Starz Encore Suspense <sup>1,7</sup>	352	● ● ● ● ●
Starz Encore Westerns <sup>1,7</sup>	353	● ● ● ● ●
Starz Encore Classic <sup>1,7</sup>	354	● ● ● ● ●
Starz Encore Black <sup>1,7</sup>	355	● ● ● ● ●
Starz Encore Family <sup>1,7</sup>	356	● ● ● ● ●
Starz Encore West <sup>1,7</sup>	357	● ● ● ● ●
Starz Encore Action <sup>1,7</sup>	358	● ● ● ● ●
Starz Encore Espanol <sup>1,6,7</sup>	359/1056	● ● ● ● ●
Cinemax On Demand <sup>1,8</sup>	370	● ● ● ● ●
Cinemax <sup>1,7</sup> <b>HD</b>	371	● ● ● ● ●
MoreMAX <sup>1,7</sup> <b>HD</b>	372	● ● ● ● ●
ThrillerMAX <sup>1,7</sup> <b>HD</b>	373	● ● ● ● ●
MovieMAX <sup>1,7</sup> <b>HD</b>	374	● ● ● ● ●
Cinemax <sup>1,7</sup> <b>HD</b>	375	● ● ● ● ●
5 StarMAX <sup>1,7</sup> <b>HD</b>	376	● ● ● ● ●
OuterMAX <sup>1,7</sup> <b>HD</b>	377	● ● ● ● ●
Cinemax West <sup>1,7</sup> <b>HD</b>	378	● ● ● ● ●
ActionMAX <sup>1,7</sup> <b>HD</b>	379	● ● ● ● ●
TMC On Demand <sup>1,8</sup>	390	● ● ● ● ●
TMC <sup>1</sup> <b>HD</b>	391	● ● ● ● ●
TMC West <sup>1,7</sup> <b>HD</b>	392	● ● ● ● ●
TMC Xtra <sup>1,7</sup> <b>HD</b>	393	● ● ● ● ●
TMC Xtra West <sup>1,7</sup> <b>HD</b>	394	● ● ● ● ●
Flix <sup>7</sup>	397	● ● ● ● ●

## ON DEMAND & PPV

On Demand <sup>1,8</sup>	500	● ● ● ● ●
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Free On Demand <sup>8</sup>	502	● ● ● ● ●
Anime Network On Demand <sup>1,8</sup>	507	● ● ● ● ●
here! On Demand <sup>1,8</sup>	509	● ● ● ● ●
Adult Programming <sup>1,8</sup>	520-533	● ● ● ● ●
Pay Per View <sup>1</sup>	550-553	● ● ● ● ●

## INTERACTIVE

Netflix <sup>8,10</sup>	600	● ● ● ● ●
You Tube <sup>8,10</sup>	603	● ● ● ● ●
News 12 Interactive <sup>8,10</sup>	612	● ● ● ● ●
Caller ID <sup>9</sup>	630	● ● ● ● ●

## Networks

Photos <sup>9</sup>	640	● ● ● ● ●
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## INTERACTIVE

Amazon Prime Video <sup>8,10</sup>	901	● ● ● ● ●
DVR Playback <sup>9</sup>	1000	● ● ● ● ●
Multi-Room DVR Playback <sup>9</sup>	1001	● ● ● ● ●
Multi-Room DVR Playback	1001	● ● ● ● ●

## MUSIC

Stingray Music <sup>7</sup>	850-899	● ● ● ● ●
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## INTERNATIONAL

Estrella TV <sup>7</sup>	1010	● ● ● ● ●
HITN <sup>6,7</sup>	1011	● ● ● ● ●
CNN en Español <sup>6,7</sup>	1012	●

# Lynbrook

Channel Guide Lineup

Effective February 1, 2024

**optimum.**

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A&E <b>HD</b>	46
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ACC Network <sup>3,4,7</sup> <b>HD</b>	248
ActionMAX <sup>1,7</sup> <b>HD</b>	379
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BET Her <sup>7</sup>	185
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Canal Sur <sup>6,7</sup>	1042
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centroaméricatv <sup>6,7</sup>	1030
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Cinemax <sup>1,7</sup> <b>HD</b>	371
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- Priced individually. Visit [optimum.com/pricing](http://optimum.com/pricing)
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- Available as part of the Sports Pack
- Available as part of the College Sports Pack
- A Samsung cable box or Optimum One/Optimum TV box is needed to